

### Attachment 3 – Players Commitments and Conduct

A3.1 Players, parents and coaches should remember that soccer is a sport that needs to be kept in perspective with a balanced life. Nevertheless, in addition to providing a source of fun and fitness, many life lessons can be learned while pursuing this sport such as setting goals, the value of teamwork, learning from mistakes, and learning to cope under pressure. Abiding by player commitments and rules of conduct will help ensure the most positive and enjoyable experience for players, coaches and parents.

A3.2 Player Commitments – Players shall:

- Always remember that soccer is a game and should be FUN
- Strive to attend all training sessions, games and tournaments and notify the coach in advance if you will be late or unable to attend a session.
- Arrive on time for all training sessions and at least 30 minutes prior to games (or as directed by your coach).
- Commit to a full year's participation (U8-U14 Fall & Spring / U15-U18 Winter & Spring)
- Commit to soccer as their primary sport or activity and give priority to soccer whenever conflicts arise.
- Learn the Laws of the Game and play according to the spirit and letter of these rules.

A3.3 Players Character and Conduct – Players shall:

- Demonstrate good sportsmanship at all times – in training, in games, on the field and on the touchlines.
- Demonstrate respect for the coaches and trainers, follow their instructions, and contribute to orderly training and games.
- Show respect for their teammates and treat each of them with equal consideration.
- Never threaten, taunt nor deliberately attempt to injure another player.
- Not use inappropriate, demeaning or offensive language during training or games.
- Not challenge or openly criticize a referee's call. Allow the team captain to ask for clarification of any questionable calls.
- Request a substitute if they feel their behavior and play on the field is being adversely affected by a referee's call or opponent's conduct.
- Represent the club and team in a positive manner while traveling with your team, in a hotel, restaurant, or other outside setting.
- Not attempt to recruit players already roster with other teams.

Player Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Player Name : \_\_\_\_\_

Team: \_\_\_\_\_